

FORAGER

crafts



TIPS, TRICKS,
& INSTRUCTIONS

MACRAMÉ FRUIT BASKET

PATTERN & PHOTOS
BY NOTT & TWINE





Supplies in Your Kit



Inside your kit, you'll find the following supplies, packed inside fully compostable / recyclable packaging.

Wooden Craft Ring
Small Golden Scissors
~1 Meter of 4mm Single-Twist Macrame Cotton Cord
~33 Meters of 4mm Single-Twist Macrame Cotton Cord
Metal comb for fringing cord
Two strips of blue masking tape
Measuring tape

You'll also need near a large table that you can use for crafting - or, if available, a clothes rack or other tall piece of furniture that we can tie our project onto as we work! A door hook, sturdy curtain rod, or closet rack can work quite well too.

We'll be cutting the larger length of cord into the following lengths.
To do so, carefully untwist and unwind the cord . Remember to measure twice & cut once!

Four lengths of 3 meters each (9.85 feet)
Ten lengths of 2 meters each (6.5 feet)



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Each step in the following pages will be illustrated by a corresponding photograph.

If you need additional help or instruction, we recommend visiting Nott & Twine's very helpful YouTube page - there you can find additional help on perfecting each type of knot, in video format!

Once you get the basic knots down, we encourage you to branch out into other projects!

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In the pages below, we'll go through the two fundamental knots that you need to complete this project - the **Lark's Head Knot** and the **Square Knot**.

Your instructor will walk you through the rest of the process step by step, including some potential variations.

For the full pattern, or for other project ideas, we encourage you to check out Nott & Twine on Youtube or Etsy!

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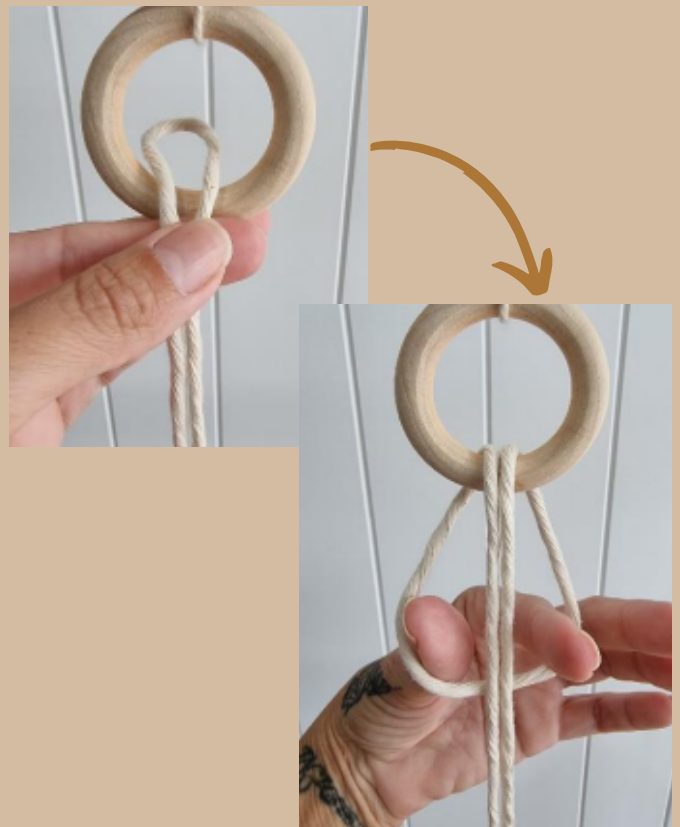
Securing your project

Either tape your wooden ring securely to your working table, or use a small length of cord to tie the wooden ring to a working frame such as a clothes rack.

We'll begin this project using a *lark's head knot*.

Using one of your 3-meter-lengths of cord, fold the cord in half so that both ends are the same length.

Place the loop through the ring, as pictured to the right. We want the loop to be on the back-side of the wooden ring, with the cord lengths in the front.



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To finish the knot, gather the two hanging pieces (or *tail ends*) and push them through the loop from front to back.

Pull downward on the two tail ends until it forms a secure knot on your ring. You've just created your first lark's head knot!

Now repeat!

Gather the remaining three 3-meter lengths and repeat the lark's head knot for each piece of cord until you have four knots, laid neatly side by side, on the wooden ring



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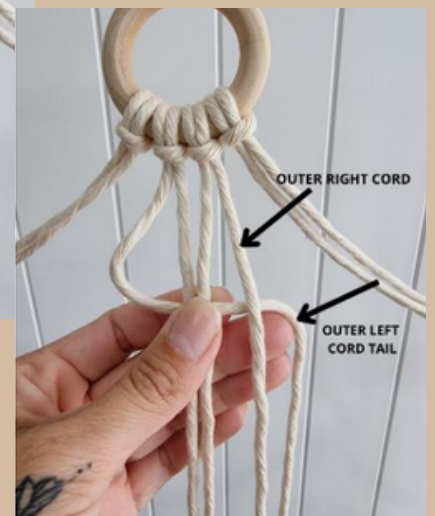


Creating a Square Knot

Set aside two pieces of cotton from the left and the right. You will be left with the four center pieces of cord. For the next knot - our square knot - we require four pieces of cord.

Starting with the outer left cord, create a L shape over the two center cords only. Pinch it in place with your thumb and forefinger.

Then take the outer right cord and bring it to the front so it sits over the tail of the outer left cord



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Using your right hand, push aside the two center cords and the tail from the outer left cord. This will create a gap. Push the right cord through the gap (from front to back)

Then bring the right cord up and behind the two center cords, pulling the outer right cord out of the loop on the left (created from the L shape)



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Holding both outer cords, gently hitch upward until you have formed a knot



Holding both outer cords, gently hitch upward until you have formed a knot

This is now one half of our square knot! To complete the knot, we'll complete the same steps - but in reverse.

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As we work in reverse, you'll create a L shape with the outer right cord, pinching it in place with your right thumb and forefinger. You'll then bring the outer left cord to the front so it is sitting on top of the outer right tail.



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Next, push aside the two center cords and the outer right tail to create a gap. Push the outer left cord through the gap - from front to back - behind the two center cords. Pull the tail out of the loop shape on the right.



Use both hands to gently hitch the cord upward until you have a knot directly under the first knot. Congratulations!
You've completed your first square knot!

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